

SHIELDS GYMNASTICS

17 Minneakoning Road

Flemington, NJ 08822

(908)782-1777 Fax (908)782-6981

www.shieldsgymnastics.net

SUMMER 2010 CLASS SCHEDULE

(Teachers and classes are subject to change without notice)

CLASSES and CAMPS BEGIN MONDAY, JUNE 28th AND END SEPTEMBER 3rd

2 - 3

Tuesday = 10:15 am
Wednesday = 10:15 am

3 - 4

Tuesday = 9:15 am
Wednesday = 9:15 am
Thursday = 10:15 am

4 - 5

Monday = 9:15 am
Tuesday = 10:15 am;
Wednesday = 10:15 am
Thursday = 9:15 am

5 - 6

Monday = 10:15 am; 6:00pm
Tuesday = 9:15 am
Wednesday = 9:15 am
Thursday = 10:15 am

Boys 6+

Tuesday = 6:00pm

Sr. Cheerleading 13+

Thursday = 6:00 pm

Jr. Cheerleading 8-12 yr

Tuesday = 9:15 am
Wednesday = 6:00 pm

Tiny Cheer 6-7yr

Wednesday = 9:15 am

Girls 6 - 8

Monday = 9:15 am; 6:00 pm
Tuesday = 10:15 am; 7:00 pm
Wednesday = 10:15 am; 7:00 pm
Thursday = 9:15 am

Girls 9+

Monday = 10:15 am
Thursday = 7:00 pm

HANDSPRING/TUCK SESSIONS 8+

Walk-in \$10/No sign up necessary

Waiver and Registration Fee Required

Tuesday & Thursday = 11:30 am-12:15 pm

OPEN GYM: 7+ YEARS OLD

NOT RECOMMENDED FOR BEGINNERS

Monday - Thursday = 7:00 - 9:00 pm

GYMNASTIC TEAM PROGRAMS

Prep Squad

Tuesday = 4:00-5:00pm

Thursday = 4:00-5:00pm

Training Squad

Tuesday = 5:00 – 6:00 pm

Thursday = 5:00 – 6:00 pm

Team-JOGA

Monday = 5:00 – 7:00 pm

Wednesday = 5:00 – 7:00 pm

Friday = 10:00- 12:00 pm

Pre-Team

Monday = 3:00 – 5:00 pm

Wednesday = 3:00 – 5:00 pm

WEEKLY GYMNASTICS and CHEERLEADING CAMPS (6-14 yrs old)

\$35.00 Registration fee

\$150.00 9:00 am- 12:00 pm

\$100.00 extended day add on 12:00 pm- 3:00 pm

Monday 6/28- Friday 7/2

Monday 7/5 - Friday 7/9

Monday 7/12- Friday 7/16

Monday 7/20- Friday 7/24

Monday 7/26- Friday 7/30

Monday 8/2 - Friday 8/6

Monday 8/9 - Friday 8/13

Monday 8/16- Friday 8/20

Monday 8/23- Friday 8/27

Monday 8/30- Friday 9/3

Gymnastics Team Camp – Date to be announced

Cheer Team Camp- Date to be announced